Lanluma

**Lanluma** is an injectable biostimulator used primarily for **body contouring**, facial rejuvenation, and the treatment of **cellulite**. Unlike traditional dermal fillers, which add immediate volume, **Lanluma works by stimulating the body’s own collagen production**, leading to natural, long-lasting results over time.

**What is Lanluma?**

Lanluma is a **poly-L-lactic acid (PLLA)** based injectable. It is a **biostimulatory filler**, meaning it doesn’t just fill wrinkles or add volume directly, but instead encourages the skin to produce more collagen, which naturally plumps and smooths the skin.

The treatment is used for:

* **Facial rejuvenation**: Reducing wrinkles and restoring lost facial volume.
* **Body contouring**: Adding volume to areas like the buttocks, thighs, and hips.
* **Cellulite reduction**: Stimulating collagen production to improve skin texture and reduce the appearance of cellulite.

**How Lanluma Works:**

1. **Injection**: Lanluma is injected into the targeted areas of the body or face using a fine needle. This can include the buttocks for contouring or the face for anti-aging.
2. **Collagen Stimulation**: Once injected, the PLLA particles stimulate the production of collagen over several weeks or months. This natural process gradually enhances the treated area, leading to firmer, smoother skin.
3. **Gradual Improvement**: Unlike hyaluronic acid fillers, which offer immediate results, Lanluma works more slowly. The full effects typically appear after 2-3 sessions, with results improving over 2-3 months as collagen production increases.

**Uses of Lanluma:**

* **Facial Volume Restoration**: In areas where collagen and fat have been lost, such as the cheeks or temples, Lanluma can restore youthful fullness.
* **Body Contouring**: It is popular for **buttock augmentation** (non-surgical butt lift) and for adding volume to other areas of the body, such as the thighs or hips, without the need for implants or surgery.
* **Cellulite Treatment**: Lanluma is effective in **smoothing cellulite**, especially on the thighs and buttocks, by promoting collagen growth and improving skin elasticity.
* **Smoothing Wrinkles and Lines**: It can be used to reduce the appearance of deeper lines and wrinkles, particularly on the face.

**Key Benefits:**

* **Long-lasting results**: Results can last up to **five years** or longer, depending on the individual’s collagen production and the area treated.
* **Natural-looking outcome**: Because it relies on your own collagen production, the results tend to look very natural.
* **Non-surgical**: It provides an alternative to surgical treatments like fat grafting or implants for body contouring.
* **Gradual improvement**: The results develop over time, making the enhancement more subtle and avoiding a sudden, artificial look.

**Procedure Overview:**

1. **Consultation**: During the initial consultation, your aesthetic specialist will assess the treatment area, explain the procedure, and discuss your goals.
2. **Injection Session**: A numbing cream or local anesthetic may be applied to the treatment area. The PLLA-based product is then injected into the deeper layers of the skin or tissue.
3. **Post-Treatment**: After the procedure, you may experience some swelling, bruising, or discomfort in the treated area. These side effects typically subside within a few days.
4. **Massage**: Following the treatment, you may be advised to massage the treated area to ensure even distribution of the product and to aid collagen production.
5. **Follow-up Sessions**: Lanluma usually requires **multiple sessions** (typically 2-3) spaced 3 months apart for optimal results.

**What to Expect After Treatment:**

* **Gradual results**: Because Lanluma stimulates collagen production, the effects are not immediate. Most patients notice improvement after several weeks, with full results visible up to 6 months months after the final session.
* **Minimal downtime**: Patients can generally return to their normal activities immediately after the procedure. Any bruising or swelling is usually mild and temporary.
* **Longevity**: The results from Lanluma can last up to 5 years, making it a long-lasting option compared to traditional fillers.

**Ideal Candidates for Lanluma:**

* **Facial volume loss**: People who have lost volume in areas like the cheeks, temples, or jawline due to aging.
* **Body contouring**: Individuals looking for a non-surgical option to enhance areas like the buttocks or thighs.
* **Cellulite reduction**: Those with mild to moderate cellulite who are looking for smoother skin without surgery.
* **Gradual improvement seekers**: People who prefer a more natural, subtle enhancement that develops over time rather than immediate, dramatic changes.

**Side Effects and Risks:**

* **Bruising and Swelling**: These are the most common side effects and usually subside within a few days.
* **Lumps or nodules**: Occasionally, small lumps may form under the skin. These can usually be managed with massage or additional treatment.
* **Infection or allergic reactions**: Rare but possible, as with any injectable treatment.

**Lanluma vs. Other Fillers:**

* **Lanluma vs. Hyaluronic Acid Fillers**: Hyaluronic acid fillers provide immediate volume but tend to be shorter-lived. Lanluma offers more gradual but longer-lasting results by stimulating collagen production.
* **Lanluma vs. Sculptra**: Both are PLLA-based biostimulatory fillers, but Lanluma is specifically formulated for body contouring in addition to facial rejuvenation. It’s becoming a popular choice for non-surgical buttock enhancement.
* **Lanluma vs. Fat Transfer**: While fat transfer involves liposuction and the surgical transfer of fat to the desired area, Lanluma provides a non-surgical alternative with fewer risks and recovery.

Overall, **Lanluma** is an excellent option for those seeking natural-looking, long-lasting results for both facial rejuvenation and body contouring, especially if you prefer a non-surgical approach.